# NC DIVISION MH/DD/SAS COMMUNITY SUPPORT SERVICES PC PLANNING REVIEW 2007 / 2008

#### **REVIEWER INSTRUCTIONS**

# Q1 – The individual / legally responsible person (Irp) participated in the development of the PCP

- Review PCP page 1, Participants Involved in Plan Development to determine if the individual, family (for a young child or for a person with significant disabilities), and or the legally responsible person participated.
- Review PCP page 2, **Personal Dialogue/Interview** to determine if the individual contributed information or if someone who really knows and cares about the person contributed.
- Review PCP page 3, Family/LRP/Informal Supports Dialogue/Interview to determine if these individuals contributed information.
- Review PCP page 11, Comments. There is no mandate to complete this box, but information found there would indicate that the person and/or lrp did participate.
- Review PCP page 11 **Signatures** to determine if the individual and/or the Irp signed the PCP confirming involvement in the development of the PCP.

# Q2 – Long Range Outcomes & Short Range Goals are Person Centered

- a. Long Range Outcomes are Desired by the Individual / LRP
  - Review PCP pages 1-2, Personal and Family/LRP Dialogues/Interviews.
  - Determine if the Long Range Outcomes reflect the information in these dialogues about what the individual wants to do in his/her life over time.
- **b. Long Range Outcomes are measurable**: Review the Long Range Outcomes in the Action Plan to determine if progress toward achievement can be measured over time.
- c. Long Range Outcomes project at least one year: Review the Long Range Outcomes in the Action Plan to determine if they project into the future at least one year.
- d. Short Range Goals reflect Important TO and FROM information
  - o Review PCP pages 1-3 (all Dialogue/Interview pages).
  - Determine if the information found in the short term goals reflects what is Important TO the person – primarily found in the information contributed by the individual/family/other person who knows and cares about him/her.
  - Determine if the information found in the short term goals reflects what is Important FOR the person – primarily found in the Family and Provider dialogues/interviews.

#### • e. Short Range Goals are measurable

- o Review the Short Range Goals in the Action Plan.
- o A measurable goal communicates an intended result. It contains:
  - What the person will do (behavior, performance, action);
  - Under what conditions / staff intervention;
  - Criteria description of how achievement will be defined.
- Other important attributes of short-range goals:
  - Reflect what the person will do, accomplish or have; what the support staff will be doing; not what services will be received.
  - Reflect a balance between being too specific and not specific enough.
  - Reflect the desired result being clear about the outcome vs. the activities or course of action/interventions of the staff (i.e.,
  - Are stated in an active

## • f. Short Range goals relate to achievement of long range outcomes

- Review each long range goal
- Review each short range goal documented under the long range outcome to determine if they relate to the achievement of the outcome.
- Rating: Each question a f must be rated "1" for Q2 overall to = "1".

### Q3: Key Symptoms/observations identified will result in Action Plans

- a. Symptoms/Observations are not a restatement of the diagnoses.
  - Review PCP, page 5, Symptoms/Observations.
  - Determine if they are qualities and characteristics of the individual or a repetition of the diagnosis (es).
- b. Symptoms/Observations are identified with each short range goal.
  - Review the Action Plan pages to see if each short range goal has a symptom/observation reflected.
  - The symptom/observation reflected needs to meet the requirements of "a" above.
  - Each symptom/observation noted on page 5 does not need to be related to a short range goal, but
  - o Each goal must have one or more symptoms from the list reflected.
- Rating: Both questions a and b must be rated "1" for Q3 overall to = "1".

## Q4: The Crisis Plan is complete per the PCP Instruction Manual

- Review each section of the Crisis Plan per questions a k on the review tool for completion.
- Review each section of the Crisis Plan per questions a k on the review tool
  that is completed to determine if the information answers the question asked.
- Rate any question 4a 4k = "0" if left blank, unless there is a creditable and documented reason it is blank, (i.e. the Medication section is left blank but it is documented that the person takes no medication).
- Rate any question 4a 4k = "0" if the information does not answer the question.
- Rating: Each question a k must be rated "1", for Q4 overall to = "1".